



# The Cape Malay Cookbook

By Faldela Williams



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The Cape Malay Illustrated Cookbook is a collection of authentic Malay recipes. Experienced chef Faldela Williams shares her intimate knowledge of the Malay tradition with simple, easy-to-follow recipes for a multitude of well-known Malay dishes such as denningvleis, koesisters, rotis, sosaties, bobotie, curry, smoorsnoek, atjars, blatjans and sambals. Faldela combines the knowledge passed down from generation to generation with modern practicality and convenience, making these delicious dishes easier to prepare than ever. Accompanying these recipes are beautiful illustrations by Liz Mills that highlight both the beauty of Malay food and of the culture itself.

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### Editorial Review

#### About the Author

FALDELA WILLIAMS was born and raised in her grandmother's house in a close knit Muslim family. Her grandmother was a great cook and it was at her side that Faldela learned many of the secrets of Malay cooking. Through the years she has adapted many of the older Malay recipes, using timesaving methods and appliances to make these dishes more accessible.

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