



I Remember Better When I Paint: Art and Alzheimer's: Opening Doors, Making Connections

By Berna G Huebner

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Conveys valuable scientific information on how Alzheimer's and other dementias affect the brain and how art and creative therapies are often able to bypass the limitations imposed by those changes and reach areas of emotion, creativity, and expression. In this story about the remarkable transformation undergone by Hilgos, a woman with Alzheimer's, her family, friends, caregivers, and doctors reflect on the role of art in helping her regain her self-esteem and connect once again with those she loves. Includes chapters written by Robert Butler, MD, founder of the National Institute on Aging, Gene Cohen, PhD, founder of the Center on Aging, Health and Humanities at George Washington University, and the individual art students who worked with Hilgos. Filled with practical information and resources for people with Alzheimer's and their caregivers. Illustrated with the delightful paintings and sculptures that Hilgos created before and after developing Alzheimer's.

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