

The Bond: How to Fix Your Falling-Down World

By Lynne McTaggart



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Building on her bestseller, *The Intention Experiment*, Lynne McTaggart’s groundbreaking work *The Bond* reveals the latest science to prove that we are all connected, that collaboration trumps competition, and that empathy is essential—now in paperback.


A BOLD NEW VISION FOR A NEW WORLD


Our way of life isn’t working anymore. People are losing their jobs, their homes, their neighborhoods—and even their hope for a just society. We urgently need a new story to live by, based on fairness—not simply on the accumulation of wealth and “survival of the fittest.”

The Bond offers a radical new blueprint for living a more harmonious, prosperous, and connected life. International bestselling author Lynne McTaggart demonstrates with hard science that we are living contrary to our true nature.

In fact, life doesn’t have to be *I win, you lose*; we have been designed to succeed and prosper when we work as part of a greater whole. *The Bond* proves that we are weak when we compete, and thrive only when we cooperate and connect deeply with each other.

In this seminal book for our age, McTaggart also offers a complete program of practical tools and exercises to help you enjoy closer relationships—across even the deepest divides—encourage a more connected workplace, rebuild a united neighborhood, and become a powerful, global agent of change.

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Editorial Review

From Publishers Weekly

McTaggart (*The Intention Experiment*) straddles the line between science and pseudoscience, intending to help readers live fuller lives by understanding something she terms "The Bond." "In every way individual things live life attached and bonded to another," she argues. "The idea of the individual," McTaggart says, "is a fallacy." Her discussion of the Bond encompasses quantum physics, genetics, evolutionary biology, neuroscience, astronomy, sociology, psychology, and a host of other disciplines. While she provides ample and fascinating examples of "holistic," altruistic, and uplifting behaviors, her work fails to build a coherent theory from the hugely diverse body of anecdotes she provides. Second, she misapplies much of the science she discusses. Regarding quantum physics, for example, she implies incorrectly that quantum forces operate similarly on all levels, from the microscopic to the macroscopic. She makes the not fully supported claim that most disease results from the lack of a sense of belonging. It may well be better individually and collectively to cooperate rather than compete, as McTaggart says, but her explanations lack substance. (Apr.) (c) Copyright PWxyz, LLC. All rights reserved.

Review

"Once in a very great while, a book comes along that shifts our sense of reality, or extols a new way of living. Lynne McTaggart's extraordinary new book, *The Bond*, does both." — Deepak Chopra, author of *Reinventing the Body, Resurrecting the Soul*

"There is something on every page of this book to make you jump for joy. It's like things you've secretly suspected but figured must not be true since no one else seems to think them are suddenly proven to be true! You don't even realize how thirsty your soul has been for another way of looking at the world, until it's given you and you can't stop drinking it in. Rarely does a book so tell it like it is." — Marianne Williamson, author of *A Return to Love*

About the Author

Lynne McTaggart is an internationally recognized spokesperson on the science of consciousness and the award-winning author of five books, including *The Intention Experiment* and *The Field*. She lives in London.

Users Review

From reader reviews:

Leo Rizer:

The feeling that you get from *The Bond: How to Fix Your Falling-Down World* will be the more deep you rooting the information that hide in the words the more you get serious about reading it. It doesn't mean that this book is hard to recognise but *The Bond: How to Fix Your Falling-Down World* giving you enjoyment feeling of reading. The article author conveys their point in selected way that can be understood simply by anyone who read that because the author of this book is well-known enough. This particular book also makes your current vocabulary increase well. That makes it easy to understand then can go together with you, both in printed or e-book style are available. We propose you for having that *The Bond: How to Fix Your Falling-Down World* instantly.

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Robert Baxter:

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