



## Physical Rehabilitation of the Injured Athlete: Expert Consult - Online and Print, 4e

By James R. Andrews MD, Gary L. Harrelson EdD ATC, Kevin E. Wilk PT DPT



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Physical Rehabilitation of the Injured Athlete is a medical reference book that equips you to apply today's hottest strategies in non-operative sports rehabilitation, so you can help your patients return to play as quickly and fully as possible.

- Send your players back to the field fast with the latest strategies in non-operative sports rehabilitation.
- Get balanced, dependable guidance on sports rehabilitation from a multidisciplinary author team that contributes perspectives from orthopaedics and sports medicine, athletic training, and physical therapy.
- Ensure effective treatment planning with a stronger emphasis on evidence-based practice.
- Master the latest with brand-new chapters on Developing Treatment Pathways, Biomechanical Implications in Shoulder and Knee Rehabilitation, Temporomandibular Rehabilitation, Thigh Rehabilitation, Gait Assessment, Functional Movement Assessment, and Plyometric Training Drills.
- Access the fully searchable text, downloadable image bank, and 9 online-only appendices at [www.expertconsult.com](http://www.expertconsult.com).

Andrews provides evidence-based guidance for sports medicine rehabilitation.

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## **Editorial Review**

### Review

"Each chapter includes a list of chapter objectives and a succinct summary of key concepts that were discussed in the chapter. The text makes extensive use of summary boxes and clinical pearls to highlight important concepts and information in the text. The illustrations are well done and add to the text. The chapters have extensive and up-to-date references. The target audience for this text is the practicing clinician interested in sports rehabilitation; however, it would also be an appropriate textbook for a rehabilitation course for athletic training students."--*JBJS*, www.ejbjs.com, November 2005, Review from the 3<sup>rd</sup> Edition

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#### **Patricia Meyer:**

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