



Homemade Organic Skin & Body Care: Easy DIY Recipes and Natural Beauty Tips for Glowing Skin (Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More - 100% Cruelty Free)

By Carmen Reeves



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#1 Amazon Bestseller in 'Soap Making' and 'Candlemaking'

100% Cruelty Free & Vegan - Body Butters, Essential Oils, Natural Makeup, Masks, Lotions, Body Scrubs & More

Learn how to create your own beautifying and nourishing skin care products with simple, effective recipes and tips using plant-based and toxin-free ingredients!

If you are on a journey to make healthier skincare choices, allow this book to be your comprehensive guide. You will discover how to eliminate toxins from your skin care regimen and replace them with pure, organic and cruelty-free ingredients. These recipes will not only leave your skin feeling pampered and nourished, but you will also feel the economic benefits of making low-cost body care products right in your own home (while knowing that you are contributing to a healthier planet by using organic ingredients). Once you have tried and tested these formulas and begin to feel the positive effects of natural ingredients on your skin, you will never want go back to expensive and toxic commercial products.

If you are ready to reap a radiant glow with the purest of ingredients and simplest of recipes, I invite you to read this book today!

Why This Book is Essential

- This book helps you take body care into your own hands while removing toxic ingredients from your shelves.
- This book will teach you on how to use plant-based organic materials to make

skin care products.

- This book will help you reap the benefits of an all-natural beauty care product with organic ingredients and gentle formulas.
- This book gives you a comprehensive guide to using essential oils.
- This book will show you how to use plants like beets, rose petals, flax seeds and many, many more to make luxurious body care products.
- In this book you can start right away on making your own all natural beauty care products with ingredients sourced from your organic kitchen.
- This book gives numerous DIY tips for all natural beauty care.

The Benefits You Will Receive from Homemade Organic Skin & Body Care include:

- The glamorous feel of all natural ingredients like Cocoa Butter, Sweet Almond Oil, Lavender Essential Oil, Bananas, Oats and many more.
- The economic benefits from making your own spa-worthy products right in your kitchen.
- Information specific to oily, dry and sensitive skin.
- Nutrient packed skin care recipes like Rejuvenating Rosemary Bath Salts, Beautiful Beet Root Lip Gloss and Exhilarating Coffee Scrub.
- Information on how to perform a patch test.
- Learning many new effective recipes that benefit your skin and body.
- Recipes to beautify, relax, pamper and nourish.
- The peace of mind that goes with using organic, animal-cruelty-free body care products.
- Many luscious reasons to give yourself that extra care that you so deserve.
- Skin care formulas designed for your specific skin type.
- The satisfying knowledge that your healthy and all-natural skin care products were made by you, sourced by you, and lovingly lavished on yourself.
- Gives you numerous specific ways to stop the toxic cycle that dominates the commercial skin care industry.
- Knowing the many benefits of using all natural and organic ingredients on your skin.

Interested in learning more about making your own skin care products with organic ingredients?

Download this book today to start reaping the benefits of non-toxic products, a pampered feel, and healthy glowing skin!

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Editorial Review

About the Author

Hi, I'm Carmen, a holistic health geek with a passion for health, herbalism, natural remedies, as well as whole-food and plant-based lifestyles. After resolving various health issues I have struggled with for many years, I aim to inspire and help improve your health and longevity by sharing the tireless hours of research and valuable information I have discovered throughout my journey. Through the power of nutrition and lifestyle, with an evidence-based approach, I believe you can achieve your health and wellness goals.

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Daniel Miller:

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