


## When The Grid Goes Down, Disaster Preparations and Survival Gear For Making Your Home Self-Reliant

By Tony Nester

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### When The Grid Goes Down, Disaster Preparations and Survival Gear For Making Your Home Self-Reliant By Tony Nester

Disasters come and go each year. It is through developing a self-reliant mindset, having essential survival gear and a handful of critical skills, that you and your family will be able to prevail in an urban crisis. Jammed with field-tested information from real-world applications, survival instructor Tony Nester covers how to prepare for both short-term survival ranging from 24-72 hours as well as long-term situations resulting from a grid-down emergency or pandemic. When the Grid Goes Down will show you how to make your home and lifestyle more self-sufficient and the critical gear needed along the way. Topics include: The 6 Key Areas for Creating a Self-Reliant Home, Water Storage and Purification Methods, Alternative Water Sources At Home, Creating a Water Map for Your Region, The 3 Essential Food Types to Stock Up On, Designing an Off-Grid Medical Kit, Home Security and Personal Defense Measures, Safeguarding the Exterior and Interior of Your Home, Heating, Cooling and Lighting When the Power Goes Out, and Alternative Sanitation and Hygiene Methods.

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## When The Grid Goes Down, Disaster Preparations and Survival Gear For Making Your Home Self-Reliant By Tony Nester Bibliography

- Sales Rank: #10359 in Books
- Published on: 2013-01-09
- Number of items: 1
- Binding: Paperback
- 80 pages

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### **Editorial Review**

#### About the Author

Tony Nester is the founder of Ancient Pathways, one of the foremost survival schools in the US. His company is the primary provider of survival training for the Military Special Operations community and he has instructed the National Transportation & Safety Board, FAA, and served as a technical consultant for the film Into The Wild. Tony has been featured on NBC News, the Discovery Channel, the New York Times, and is a regular contributor to Outside Magazine. When not out on the trail, he lives with his family in a passive solar, strawbale house in Flagstaff, Arizona.

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##### **Frank Cockerham:**

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##### **Omar Stewart:**

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