



Dynamic Energetic Healing: Integrating Core Shamanic Practices With Energy Psychology Applications And Processwork Principles

By Howard Brockman



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Dynamic Energetic Healing: Integrating Core Shamanic Practices With Energy Psychology Applications And Processwork Principles By Howard Brockman Bibliography

- Sales Rank: #2957725 in Books
- Brand: Brand: Columbia Press LLC
- Published on: 2006-02-28
- Original language: English
- Number of items: 1
- Dimensions: 10.00" h x 6.75" w x 1.75" l,
- Binding: Hardcover
- 464 pages

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Editorial Review

Review

"Helps bridge the gap between Eastern and Western medicine, offering new ways to approach client work and planetary healing." -- *Alberto Villoldo, Ph.D., author of Shaman, Healer, Sage*

"Synthesizes ancient spiritual healing practices with modern psychotherapy to create a holistic approach to healing. This book contains powerful healing!" -- *Sandra Ingerman, MA, author of Soul Retrieval and Medicine for the Earth*

"The world of psychotherapy is in constant flux. Howard Brockman has brought a novel perspective to this field." -- *Stanley Krippner, Ph.D., co-author of Extraordinary Dreams and How to Work with Them*

"This book is easily read and very practical for both therapists and clients." -- *Arnold Mindell, Ph.D., author of The Quantum Mind and Healing: How to Listen and Respond to Your Body's Symptoms.*

From the Publisher

27 Reader Benefits of Dynamic Energetic Healing® by Howard Brockman

1. Learn a variety of easy-to-use energy psychology strategies for stress management.
2. Discover the key for living an intentional life.
3. Receive a new understanding of the complexity of PTSD within the context of Dynamic Energetic Healing®.
4. Establish protective "energetic boundaries" with the most problematic people you know.
5. Learn how manual muscle testing provides a direct pipeline to your soul.
6. Permanently release the persistent and residual effects of trauma.
7. Find out how "soul loss" is one of the most serious consequences of trauma.
8. Read about how past lives have been empirically validated.
9. Uncover what is necessary for a paradigm shift to experience "other realities".
10. Discover "dreamtime" and why it is so crucial to integrate into the psychotherapy context.
11. Learn about shamanic healing practices.
12. Learn to access inner spiritual resources and raise your vibrational frequency.
13. Learn the protocol to ensure your connection to Source or Creator.
14. Find out how to use a Tibetan bell to balance stagnant emotional energy.

15. Learn about psycho-toxic energy and how to avoid its negative influence.
16. Find out how a regular energetic practice such as Qi Gong or meditation can awaken your extrasensory or psychic abilities.
17. Discover alternatives to the dangers and devastating side effects of antidepressants.
18. Find out how to clear the energetic origins of trauma patterns that collapse the entire trauma-laden matrix of PTSD symptoms.
19. Understand what it means to be fully embodied.
20. Discover the harmful consequences of not being fully embodied and what you can do about it.
21. Find out the destructive long-term consequences of common "curses".
22. Learn about trainings to become a certified Dynamic Energetic Healing® facilitator.
23. Learn how to eliminate binding trauma, enabling you to live an intentional life.
24. Discover that you have an "energy body" as well as a physical body that can be exercised and strengthened, resulting in glowing health and extraordinary well-being.
25. Learn how to move between the worlds of everyday "normal" reality and non-ordinary reality, the spiritual realms where your guardian angel or spiritual guide can be found.
26. Learn techniques and benefits for clearing your space from residual energy left by others.
27. Discover energetic techniques for preventing professional burnout.

From the Author

"Dynamic Energetic Healing® is a new psychotherapy model that fits under the umbrella of energy psychology. Mary Hammond-Newman and I, the co-founders of Dynamic Energetic Healing®, drew on over forty years of combined clinical experience to develop the initial conception of this new approach. These methods included Thought Field Therapy, emotional freedom techniques, and healing from the body level up, among others. Mary and I created a series of unique protocols and a comprehensive training program for those interested in applying these methods. After further developing and expanding on some of these ideas in my own clinical practice, I have decided to share my findings and experiences by writing this book."

"Because traumatic experience is so overwhelming, psychological integration of the self is very difficult for PTSD victims. A great deal has been written about dissociation as a response to trauma, which was first described by Pierre Janet in 1889. In fact, if there has not been a brain injury, then it is predictable that the dissociation is a response to a trauma.

Post-traumatic stress disorder is aptly named as a syndrome that includes a variety of responses to trauma that occur after the fact. It is the human organism's adaptive response to an overwhelming traumatic life event that, at the time, is generated to support survival. It is because we have no control over the particular constellation of responses to a traumatic event that PTSD has become so confounding."

Howard Brockman MA, MSW, LCSW

Users Review

From reader reviews:

Corrine Switzer:

As people who live in the modest era should be up-date about what going on or info even knowledge to make these keep up with the era that is always change and make progress. Some of you maybe may update themselves by reading books. It is a good choice for you personally but the problems coming to a person is you don't know which you should start with. This **Dynamic Energetic Healing: Integrating Core Shamanic Practices With Energy Psychology Applications And Processwork Principles** is our recommendation to make you keep up with the world. Why, since this book serves what you want and want in this era.

Sherrill Height:

Exactly why? Because this **Dynamic Energetic Healing: Integrating Core Shamanic Practices With Energy Psychology Applications And Processwork Principles** is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will zap you with the secret this inside. Reading this book next to it was fantastic author who also write the book in such awesome way makes the content inside of easier to understand, entertaining means but still convey the meaning entirely. So , it is good for you for not hesitating having this any longer or you going to regret it. This unique book will give you a lot of gains than the other book have such as help improving your proficiency and your critical thinking means. So , still want to hold up having that book? If I have been you I will go to the publication store hurriedly.

Cynthia Tso:

This **Dynamic Energetic Healing: Integrating Core Shamanic Practices With Energy Psychology Applications And Processwork Principles** is completely new way for you who has fascination to look for some information as it relief your hunger associated with. Getting deeper you upon it getting knowledge more you know or else you who still having little bit of digest in reading this **Dynamic Energetic Healing: Integrating Core Shamanic Practices With Energy Psychology Applications And Processwork Principles** can be the light food for you because the information inside this kind of book is easy to get by means of anyone. These books build itself in the form which is reachable by anyone, sure I mean in the e-book application form. People who think that in e-book form make them feel drowsy even dizzy this guide is the answer. So there is no in reading a reserve especially this one. You can find actually looking for. It should be here for anyone. So , don't miss the item! Just read this e-book kind for your better life in addition to knowledge.

Richard Dike:

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