

# A Book For Midwives: Care For Pregnancy, Birth, and Women's Health

By Susan Klein, Suellen Miller, Fiona Thomson



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This **2013 update** of *A Book for Midwives* includes completely updated malaria treatment information for pregnant women, recommendations for preventing HIV in babies, and much more. This book covers the essentials of care before, during, and after birth, through providing a variety of designs for low-cost equipment and training materials. All Hesperian books are regularly updated and reprinted to reflect accurate medical information.

This latest edition includes

- new information on helping women stay healthy during pregnancy
- helping mothers have safer labors and births
- preventing, managing, and treating obstetric emergencies
- breastfeeding
- the health needs of new babies
- and involving the community in improving the health of mothers and pregnant women
- new information about treatment and medications for HIV and other STIs
- vaccinations, medicines, and drug interactions
- infection prevention
- improved methods for dealing with complicated deliveries
- and information on family planning.

Originally published in 1995, *A Book for Midwives* has proven to be a vital resource for practicing midwives and midwifery training programs around the world. Heavily illustrated, clearly written, and developed with the participation of community-based midwives, midwifery trainers, and medical specialists around the world, it is equally useful in a rural village or urban clinic, as a training manual for students or as a reference for an experienced midwife.



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#### **Editorial Review**

#### Review

As in *Where There is No Doctor*, the Hesperian Foundation has again created a clearly written and culturally sensitive book which can be used by healthcare providers throughout the world who care for women and their babies and families...an excellent resource providing accurate technical information. --Kathy Herschderfer, Secretary General, International Confederation of Midwives

This comprehensive text for midwives is beautifully written and illustrated for teaching purposes in areas of the world in which maternal and newborn morbidity and mortality are quite high. The book is our best tool so far for preventing unnecessary deaths. --Ina May Gaskin, author of Spiritual Midwifery

A Book for Midwives not only provided the template with which to teach in developing countries, but also helped us create an inclusive and grassroots approach to clinical teaching, while showing us how to stay professional as well. --Pam Silverstein, MD FACOG, Health Development Initiative-Rwanda

#### About the Author

Dr. Suellen Miller is the Director of Safe Motherhood Programs at the Bixby Center for Global Reproductive Health, Associate Professor at the University of California San Francisco and Associate Professor in the Maternal and Child Health Program at UC Berkeley's School of Public Health. Dr. Miller is an experienced maternal health clinician, having practiced as a certified nurse midwife for over thirty years. Dr. Miller has extensive experience in international reproductive health in a variety of countries and cultures, including: Ethiopia, Philippines, Sudan, Bolivia, Mexico, Nigeria, Egypt, Yemen, India, Zambia, Tibet, and Zimbabwe. She has created training programs for every level of health care worker, such as surgeons, village and community health workers, anesthesiologists, TBAs, and nurse-midwives. She has written over 50 articles and multiple book chapters on midwifery, and has been working with Hesperian Health Guides since 1992, contributing to *Where There is No Doctor*, *Where Women Have No Doctor*, and *A Book for Midwives*.

Susan Klein was a midwife who worked internationally and tragically died of a brain tumor as the book was nearing completion.

Fiona Thomson studied midwifery and homebirth with midwives, and now works as a registered nurse with chronically ill homeless patients in California.

#### **Users Review**

#### From reader reviews:

#### Mark Miller:

Now a day people who Living in the era just where everything reachable by connect with the internet and the resources included can be true or not require people to be aware of each facts they get. How many people to be smart in having any information nowadays? Of course the answer is reading a book. Reading a book can help people out of this uncertainty Information especially this A Book For Midwives: Care For Pregnancy, Birth, and Women's Health book because book offers you rich information and knowledge. Of course the information in this book hundred per cent guarantees there is no doubt in it you probably know this.

#### **Henry Hedrick:**

Information is provisions for anyone to get better life, information today can get by anyone on everywhere. The information can be a understanding or any news even restricted. What people must be consider while those information which is in the former life are difficult to be find than now could be taking seriously which one is acceptable to believe or which one typically the resource are convinced. If you have the unstable resource then you have it as your main information there will be huge disadvantage for you. All of those possibilities will not happen within you if you take A Book For Midwives: Care For Pregnancy, Birth, and Women's Health as the daily resource information.

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