

Reclaim Your Soul: Your Journey to Personal Empowerment

By Cindy Trimm



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Take back your personal power!

Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers. (3 John 1:2 NKJV)

Have you ever wondered...

If everyone wants to succeed, why do so few people become successful?

Can certain relationship patterns prevent me from stepping into my destiny?

Are there habits or behaviors in my life that keep me from fulfilling my purpose?

Develop the skills you need to succeed in life! While The 40 Day Soul Fast focused on the 40 characteristics of an authentic person, now bestselling author and empowerment specialist, Dr. Cindy Trimm delivers her follow-up—Reclaim Your Soul, which focuses on the 40 behaviors of a resilient person.

Learn how to:

- Identify destructive relationships in your life and break free from their harmful impact
- Avoid unhealthy emotional attachments and shield your soul from possible
- Unlock your potential and refuse to settle for anything or anyone that pulls you away from fulfilling your purpose

Successful people are resilient people. The key to resiliency is learning how to reclaim your soul each and every day!



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Editorial Review

About the Author

Dr. Cindy Trimm has dedicated her life to serving God and humanity. A best-selling author, high-impact teacher, and former senator, Dr. Trimm is a sought-after empowerment specialist, revolutionary thinker, and transformational leader. She has earned a distinguished reputation as a catalyst for change and voice of hope to the nations.

Users Review

From reader reviews:

Blanche Watson:

The reason? Because this Reclaim Your Soul: Your Journey to Personal Empowerment is an unordinary book that the inside of the e-book waiting for you to snap the item but latter it will zap you with the secret this inside. Reading this book beside it was fantastic author who also write the book in such awesome way makes the content inside easier to understand, entertaining method but still convey the meaning entirely. So, it is good for you because of not hesitating having this anymore or you going to regret it. This book will give you a lot of rewards than the other book get such as help improving your skill and your critical thinking way. So, still want to hold off having that book? If I had been you I will go to the guide store hurriedly.

Pamela Edmonds:

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Nellie Nelson:

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Charles Whittaker:

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