



Counselling Children: A Practical Introduction

By Kathryn Geldard, David Geldard



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In this **Third Edition** of their bestselling text, Kathryn Geldard and David Geldard provide a practical introduction to the principles and practices required for successful counseling, to show that working with young people can be both challenging and effective. The **Third Edition** has been completely revised and updated, and includes two new chapters. The book is divided into three main parts, covering:

- How to understand the young client as a person
- The pro-active approach of working with young people
- The counseling skills and strategies needed

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Editorial Review

Review

'Praise for the First Edition: 'The book is clearly written, well-organized and lives up to its claim to be jargon-free. It is written in an interactive style which not only encourages the reader to consider and question issues but is also 'user-friendly'

About the Author

KATHRYN GELDARD, PhD, is a lecturer and counsellor supervisor in the School of Psychology and Counselling at the Queensland University of Technology (QUT) in Brisbane, Australia. Her research interests include adolescent peer counselling and counselling effectiveness as perceived by the adolescent client in the QUT Psychology and Counselling Clinic.

Kathryn is currently conducting research with Australian Aboriginal adolescents with regard to developing a culturally sensitive peer support program in a regional community. She is the author of a number of textbooks on counselling and has several years experience in supervising and training counsellors.

David Geldard has an international reputation as a counselling psychologist and for his work in counselling children and their families.

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