



The Five Minute Therapist

By Joan Belzer C.G.



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Joan Belzer is a Certified Graphologist who has been in practice for over twenty years. She holds a Masters in Library Science from UCLA and is a member of the American Association of Handwriting Analysts. She lectures to educators, employers and at conventions. She is in private practice and the Handwriting Analyst at the Canyon Ranch. At the behest many private clients and attendees at my lectures, I decided to write a book that explains some of the basic principles of graphology. After my lectures, people usually want more details and examples. Also, they would like to share what they learned with friends and family. I believe that this book answers those requests appropriately. The title of the book, “The Five Minute Therapist”, refers to the graphotherapy exercises that are recommended in the book. All of these exercises are intended to be completed in 5-10 minutes a day. Keep in mind that these short exercises require a commitment of 21 consecutive days in order to be successful.

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Editorial Review

About the Author

Joan Belzer is a Certified Graphologist who has been in practice for over twenty years. She received a B.A., Cum Laude, from the University of Minnesota. She is a member of Phi Beta Kappa. She also holds a Masters in Library Science from U.C.L.A. She is a member of the American Association of Handwriting Analysts and the American Handwriting Analysts Foundation. Over the years she has lectured to educators, employers, conventions, and vacationers on Cruise Lines. Presently, she is in private practice and the Handwriting Analyst at the Canyon Ranch in Tucson, Arizona.

Users Review

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Richard Mills:

Reading can called head hangout, why? Because if you are reading a book particularly book entitled The Five Minute Therapist your brain will drift away trough every dimension, wandering in every single aspect that maybe unknown for but surely can become your mind friends. Imaging every single word written in a guide then become one type conclusion and explanation in which maybe you never get prior to. The The Five Minute Therapist giving you a different experience more than blown away your brain but also giving you useful information for your better life within this era. So now let us present to you the relaxing pattern is your body and mind will be pleased when you are finished examining it, like winning a game. Do you want to try this extraordinary spending spare time activity?

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