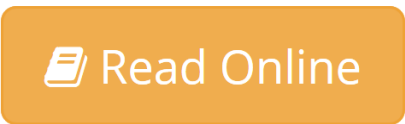


Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents

By Russell A. Barkley



Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents By Russell A. Barkley


From distinguished researcher/clinician Russell A. Barkley, this treasured parent resource gives you the science-based information you need about attention-deficit/hyperactivity disorder (ADHD) and its treatment. It also presents a proven eight-step behavior management plan specifically designed for 6- to 18-year-olds with ADHD. Offering encouragement, guidance, and loads of practical tips, Dr. Barkley helps you:


- *Make sense of your child's symptoms.
- *Get an accurate diagnosis.
- *Work with school and health care professionals to get needed support.
- *Learn parenting techniques that promote better behavior.
- *Strengthen your child's academic and social skills.
- *Use rewards and incentives effectively.
- *Restore harmony at home.

Updated throughout with current research and resources, the third edition includes the latest facts about medications and about what causes (and doesn't cause) ADHD.

See also Dr. Barkley's bestselling *Taking Charge of Adult ADHD*.

Association for Behavioral and Cognitive Therapies (ABCT) Self-Help Book of Merit

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Editorial Review

Review

"Dr. Barkley is a foremost researcher who has devoted his career to teaching and helping those with ADHD. This book brings together in one place everything that parents need to cope with daily challenges and make important decisions about their child's care. Dr. Barkley's knowledge, brilliance, and dedication shine through on every page like a beacon of hope."--Edward M. Hallowell, MD, coauthor of *Driven to Distraction*

"An invaluable, comprehensive resource. The book arms you with the most current scientific facts, including a clear explanation of executive functions and their role in ADHD. Dr. Barkley has a gift for providing practical, easy-to-understand guidance that empowers you to become an effective advocate for your child."--Chris A. Zeigler Dendy, MS, parent and author of *Teaching Teens with ADD, ADHD & Executive Function Deficits*

"Dr. Barkley helps parents make order out of chaos and problem-solve more effectively. That's what I love about this book! *Taking Charge* treats parents respectfully and intelligently. You'll go back repeatedly--maybe even every day--to the sections on becoming an executive parent and managing life with ADHD."--Mary Fowler, parent and author of *Maybe You Know My Kid*

"This book features pioneering research that provides new insight into preventing ADHD from becoming a major obstacle in a child's (and parent's) life....Parents will appreciate having this book on hand, and teachers will want a copy to show parents who are ready for a resource."
(*Intervention in School and Clinic* 2013-05-17)

"If any professional knows about ADHD, it is Russell Barkley.... All in all, this is a splendid book."
(*Child and Family Behavior Therapy* 2013-05-17)

"An excellent and readable book that will empower parents of children with ADHD."
(*NAMI Advocate (National Alliance on Mental Illness)* 2013-05-17)

"This is not just another book. This is a great book....Although aimed at parents, it has something for everyone involved with ADHD kids: teachers, psychologists, doctors, and family. I am not going to lend this book to parents (although I will show it to them) because they need to buy it so they have it on hand to read and reread."
(*Pediatric News* 2013-05-17)

"This book is unique in its up-to-date and clear presentation of the scientific underpinnings of the disorder and the pragmatic, empirically based approach to intervention that it encourages. It is also very well organized and readable; it is probably the best available resource of this type."
(*Doody's Health Sciences Book Review* 2013-05-17)

"I certainly plan to recommend this book to parents...It empowers parents to take charge of the life of their child with ADHD rather than feel constantly distressed and overwhelmed by the special needs of these

unique children."

(*Canadian Medical Association Journal* 2013-05-17)

"I am always looking for the best book, the right book or the latest book. Let me tell you about one: Russell A. Barkley, PhD's, Taking Charge of ADHD."

(*Psychiatric Times* 2013-05-17)

"An excellent resource for parents, clinicians, and teachers."

(*Child Psychology and Psychiatry Review* 2013-05-17)

About the Author

Russell A. Barkley, PhD, a leading scientific authority on ADHD, is Clinical Professor of Psychiatry and Pediatrics at the Medical University of South Carolina in Charleston. He is a recipient of awards from the American Academy of Pediatrics and the American Psychological Association, among other honors. The author of numerous bestselling books for professionals and the public, including Taking Charge of Adult ADHD, Dr. Barkley lectures worldwide and makes frequent media appearances. He has worked with children and families for over 35 years, during which time he and his wife have raised two sons of their own. His website is www.russellbarkley.org.

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Stephanie Cromwell:

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Theresa Pepper:

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Alla Haynes:

As people who live in often the modest era should be upgrade about what going on or details even knowledge to make all of them keep up with the era that is certainly always change and move forward. Some of you maybe can update themselves by reading books. It is a good choice for you personally but the problems coming to anyone is you don't know what kind you should start with. This Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents is our recommendation to make you keep up with the world. Why, as this book serves what you want and wish in this era.

Sally Canady:

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