



Out of Solitude: Three Meditations on the Christian Life

By Henri J. M. Nouwen



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Drawing on three moments in the life of Jesus, Henri Nouwen invites us to reflect on the tension between our desire for solitude and the demands of contemporary life. He reminds us that it was in solitude that Jesus found the courage to follow God's will. And he shows us that fruitful love and service must spring from a living relationship with God. Beautifully written, elegantly simple, *Out of Solitude* is as fresh today as it was thirty years ago.

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Editorial Review

Review

"Henri Nouwen has become a beloved spiritual writer for many people, and this book shows why. The power of his words takes a reader off to a place in imagination and emotion akin to a headland on the sea or a clearing in a forest or a low peak in a range of hills." --**Thomas Moore**, Author of *Care of the Soul* (from the foreword)

About the Author

Henri J.M. Nouwen is one of the most popular spiritual writers of our time. He wrote more than forty books, among them the best-selling *Can You Drink the Cup* and *With Open Hands*. He taught at the University of Notre Dame, as well as Yale and Harvard Universities. From 1986 until his death in 1996, he was part of the L'Arche Daybreak community in Toronto where he shared his life with people with developmental disabilities.

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Nouwen, a Catholic priest, has become known as a mystic teacher, penning much that crosses the traditional boundaries of world religions. Indeed, his controversial advocating of "centering" and contemplative prayer, along with other elements of Buddhist or Eastern mysticism, is a major part of his legacy. OUT OF SOLITUDE presents three meditations on Jesus's personal choices of solitude that call on modern religious people to consider incorporating solitude into their spiritual lives. Paul Smith voices the melancholy joy that undergirds much of the work without losing the necessary warmth that keeps the piece from becoming bleak. As he empathizes with the text, his voice serves as a friendly guide through the solitude and lonely places Nouwen lays bare. S.M.M. © AudioFile 2007, Portland, Maine-- Copyright © AudioFile, Portland, Maine

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