

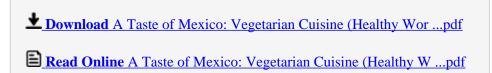
A Taste of Mexico: Vegetarian Cuisine (Healthy World Cuisine)

By Kippy Nigh



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This book is a wonderful introduction to the wide world of Mexican cooking. Kippy Nigh presents vegetarian recipes that showcase the unique qualities of Mexican regional cooking. This authentic collection of Mexican dishes is presented with clear, easy-to-understand instructions for making popular favorites, as well as regional specialties.



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Editorial Review

Review

A Taste Of Mexico is an outstanding compendium of Mexican vegetarian dishes that will please both eye and palate. A Taste Of Mexico introduces a delicious variety of recipes that showcase the unique qualities of Mexican regional cooking without a reliance on meat! This authentic collection of Mexican dishes is presented with clear, easy-to-understand instructions for making popular favorites, as well as regional specialties. From "Arroz a La Mexicana" and "Aquacates Rellenos de Huitlacoche" to "Ensalada de Papa" and "Enchiladas Swizas" to "Sopa de Verdura" and "Papaduzles de Yucatan", A Taste Of Mexico offers scrumptious, adventurous eating for any occasion, year round! -- Midwest Book Review

Users Review

From reader reviews:

Shirley Kistner:

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Kurt Haney:

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