



Saveur Cooks Authentic French: Rediscovering the Recipes, Traditions, and Flavors of the World's Greatest Cuisine

By Colman Andrews, Dorothy Kalins

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Saveur Cooks Authentic French is the triumphant follow-up to the highly acclaimed *Saveur Cooks Authentic American*. After years of so-called fusion food, tastes have come back to the pure and classic and nothing exemplifies this trend better than the renewed interest in traditional French cuisine. From their very first issue, the editors at *Saveur* magazine have shared their passion for French food and wine, describing the vivid immediacy of real French cooking in loving detail. Now they take readers off the beaten track and into the kitchens of France to taste the true Mediterranean flavors of Provence, sample the unique farmhouse cooking of Brittany, savor the sumptuous cuisines of Alsace and Burgundy, and discover many more inspiring regional cuisines. Whether interviewing a cheesemaker or accompanying a truffle hunter on his secret rounds, *Saveur's* editors capture the authentic essence of French food and culture. Featuring award-winning food writing and stunning color photography, *Saveur Cooks Authentic French* is an unforgettable tour through the abundant culinary glories of France.

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Editorial Review

Amazon.com Review

Culinary fads come and go, but the classic dishes of French cooking are, with any luck, forever. From *coq au vin* and *bouillabaisse* to *cassoulet* and *boeuf Bourguignonne*, these wonderful plates form the backbone of a great cuisine--perhaps the world's greatest. *Saveur Cooks Authentic French*, compiled by the editors of the eponymous food magazine, offers vivid testament, in words and pictures, to this huge achievement and the traditions that define it. Even cooks who think they've seen enough of these recipes will welcome the *Saveur* collection, which provides particularly good examples. Those just beginning to discover French cooking will want the book for its approachable, well-edited selection.

Arranged by courses or food types, from hors d'oeuvres through desserts, the book presents 125 authentic regional recipes. In addition to the above-mentioned dishes, readers will find recipes for other beloved standards, such as *soupe a l'oignon gratinée*, *confit de canard*, and *soufflé au chocolat*; they'll also discover superb less-familiar dishes including *cotriade* (Breton seafood in broth), *volaille fermière au vinaigre* (farmhouse vinegar chicken from Alsace) and *épaule d'agneau à la Catalane* (Catalan-style shoulder of lamb). A chapter devoted to foie gras, frogs' legs, snails, and truffles is a particular pleasure, and will inspire readers to produce (with a cooperative pocketbook) such delights as seared foie gras with green grapes. With informative sidebars that place the dishes in context and more than 400 color photos, the book is a complete evocation of its rich subject as well as a working kitchen companion. --Arthur Boehm

Review

Stylish, knowledgeable, chatty... full of gorgeous, you-are-there photographs. The same infectious energy that runs through the magazine....The voice of authenticity. *The New York Times*

Once you pick up *Saveur Cooks Authentic American*, you can't put it down....Riveting. *San Francisco Examiner Magazine*

From the Inside Flap

From the beginning, the editors of *Saveur* magazine have shared with readers their passion for French food and wine, describing the vivid immediacy of the cuisines of France in loving detail and helping to spur renewed interest in this remarkable culinary tradition. *Saveur Cooks Authentic French* takes you into the real kitchens of France to taste the lively Mediterranean flavors of Provence, sample the unique farmhouse cooking of Brittany, savor the sumptuous specialties of Alsace and Burgandy, and discover a wealth of other inspiring regional cuisines. Along the way, *Saveur's* editors stop to reveal the traditions behind this wonderful food and to meet the men and women who create it. Whether peeking into the kitchen of Parisian three-star restaurants, interviewing a Breton fishmonger, or joining a Catalan forager searching for berries in the Pyrenees, *Saveur Cooks Authentic French* captures the true essence of French food and culture. Featuring award-winning writing, stunning color photography, and more than 125 recipes, *Saveur Cooks Authentic French* is an unforgettable tour of the French culinary landscape and an enticing invitation to rediscover the many pleasures of genuine French cooking.

Users Review

From reader reviews:

Marvin Gamez:

This Saveur Cooks Authentic French: Rediscovering the Recipes, Traditions, and Flavors of the World's Greatest Cuisine book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you will get by reading this book is usually information inside this guide incredible fresh, you will get data which is getting deeper anyone read a lot of information you will get. This particular Saveur Cooks Authentic French: Rediscovering the Recipes, Traditions, and Flavors of the World's Greatest Cuisine without we recognize teach the one who looking at it become critical in contemplating and analyzing. Don't be worry Saveur Cooks Authentic French: Rediscovering the Recipes, Traditions, and Flavors of the World's Greatest Cuisine can bring once you are and not make your bag space or bookshelves' grow to be full because you can have it within your lovely laptop even mobile phone. This Saveur Cooks Authentic French: Rediscovering the Recipes, Traditions, and Flavors of the World's Greatest Cuisine having excellent arrangement in word along with layout, so you will not truly feel uninterested in reading.

Tammy Pursell:

The event that you get from Saveur Cooks Authentic French: Rediscovering the Recipes, Traditions, and Flavors of the World's Greatest Cuisine may be the more deep you rooting the information that hide inside the words the more you get serious about reading it. It doesn't mean that this book is hard to know but Saveur Cooks Authentic French: Rediscovering the Recipes, Traditions, and Flavors of the World's Greatest Cuisine giving you excitement feeling of reading. The copy writer conveys their point in selected way that can be understood simply by anyone who read it because the author of this reserve is well-known enough. This particular book also makes your personal vocabulary increase well. It is therefore easy to understand then can go along, both in printed or e-book style are available. We highly recommend you for having this kind of Saveur Cooks Authentic French: Rediscovering the Recipes, Traditions, and Flavors of the World's Greatest Cuisine instantly.

Jeffrey Peak:

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