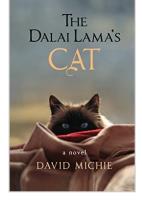
The Dalai Lama's Cat

By David Michie





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"'Oh! How adorable! I didn't know you had a cat!' she exclaimed. I am always surprised how many people make this observation. Why should His Holiness **not** have a cat?

'If only she could speak,' continued the actress. 'I'm sure she'd have such wisdom to share.'

And so the seed was planted . . .

I began to think that perhaps the time had come for me to write a book of my own—a book that would convey some of the wisdom I've learned sitting not at the feet of the Dalai Lama but even closer, on his lap. A book that would tell my own tale . . . how I was rescued from a fate too grisly to contemplate to become the constant companion of a man who is not only one of the world's greatest spiritual leaders and a Nobel Peace Prize Laureate but also a dab hand with a can opener."

Starving and pitiful, a mud-smeared kitten is rescued from the slums of New Delhi and transported to a life she could have never imagined. In a beautiful sanctuary overlooking the snow-capped Himalayas, she begins her new life as the Dalai Lama's cat.

Warmhearted, irreverent, and wise, this cat of many names opens a window to the inner sanctum of life in Dharamsala. A tiny spy observing the constant flow of private meetings between His Holiness and everyone from Hollywood celebrities to philanthropists to self-help authors, the Dalai Lama's cat provides us with insights on how to find happiness and meaning in a busy, materialistic world. Her story will put a smile on the face of anyone who has been blessed by the kneading paws and bountiful purring of a cat.

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Editorial Review

Review

"What a joy to spend some intimate time with the Dalai Lama glimpsed through the devoted eyes of his adventurous cat, Mousie-Tung. This charming and highly entertaining book will cheer you up and warm your heart. Curl up with The Dalai Lama's Cat." — Michael Carroll, author of Awake at Work and The Mindful Leader

"This enchanting story is a rare treat. I highly recommend it!" — Gay Hendricks, Ph.D., author of Conscious Loving and The First Rule of Ten

About the Author

David Michie is the best-selling author of *Buddhism for Busy People, Hurry Up and Meditate,* and *Enlightenment to Go.* **Website:** www.davidmichie.com

Users Review

From reader reviews:

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