



## Preparing for Adolescence: How to Survive the Coming Years of Change

By *Dr. James Dobson*



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Founder of Focus on the Family covers the big topics all young people face, including feelings of inferiority, handling peer pressure, drug abuse, puberty, sexual development, menstruation, masturbation, romantic love, overcoming discouragement, sound dec

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### Editorial Review

About the Author

**Dr. James Dobson** is the founder of Family Talk, a nonprofit organization that produces his radio program, *Dr. James Dobson's Family Talk*. He has an earned PhD from the University of Southern California, and is the author of more than fifty books dedicated to the preservation of the family. Dr. Dobson served as an associate clinical professor of pediatrics at the University of Southern California School of Medicine for 14 years. He is married to Shirley and they have two grown children, Danae and Ryan, and two grandchildren.

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