

# **Emotional Abuse: The Trauma and the Treatment**

By Marti Tamm Loring



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A new model for treating the devastating effects of emotional abuse

Emotional Abuse provides a clear road map for therapists to guide them through the intricacies of treating emotionally-abused victims. Any therapist working with emotionally-abused clients will find this a most useful text.

--Jeffrey T. Mitchell, president, International Critical Incident Stress Foundation

Marti Tamm Loring uses her own research and clinical work with emotionally abused women to explore the components of both overt and covert abuse and to map out for mental health practitioners a new model for its treatment.



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#### **Emotional Abuse: The Trauma and the Treatment By Marti Tamm Loring Bibliography**

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#### Review

"Emotional Abuse breaks new ground in describing this little understood and acknowledged form of interpersonal mistreatment. Loring describes both overt and covert emotional abuse and makes crucial linkages to other types of abuse as well. Her intervention strategies are grounded in relational theory and give the therapist a practical approach to the assessment and treatment of the emotionally abused client." (Christine A. Courtois, clinical director, Center for Abuse Recovery & Empowerment, Psychiatric Institute of Washington, D.C.)

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#### From the Inside Flap

Innovative Intervention StrategiesEmotional Abuse is an essential tool for understanding the powerful and insidious mechanisms of this subtle, but destructive, form of abuse. This groundbreaking book explores the components of emotional abuse, whether occurring alone or in the presence of physical abuse, and presents a new model for its treatment. "Emotional Abuse provides a clear road map for therapists to guide them through the intricacies of treating emotionally abused victims. Any therapist working with emotionally abused clients will find this a most useful text." ?Jeffrey T. Mitchell, president, International Critical Incident Stress Foundation "Emotional Abuse breaks new ground in describing this little understood and acknowledged form of interpersonal mistreatment. Loring describes both overt and covert emotional abuse and makes crucial linkages to other types of abuse as well. Her intervention strategies are grounded in relational theory and give the therapist a practical approach to the assessment and treatment of the emotionally abused client." "Christine A. Courtois, clinical director, Center for Abuse Recovery & Empowerment, Psychiatric Institute of Washington, D.C.

From the Back Cover Innovative Intervention Strategies

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