



## Meditations of the Heart

By Howard Thurman



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*Meditations of the Heart* is a beautiful collection of meditations and prayers by one of our greatest spiritual leaders. Howard Thurman, the great spiritualist and mystic, was renowned for the quiet beauty of his reflections on humanity and our relationship with God. This collection of fifty-four of his most well-known meditations features his thoughts on prayer, community, and the joys and rituals of life. Within this collection are words that sustain, elevate, and inspire. Thurman addresses those moments of trial and uncertainty and offers a message of hope and endurance for people of all faiths.

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### Editorial Review

#### Review

I have read Howard Thurman and been informed, influenced, and girded by his courage, intelligence, and abiding love. --Maya Angelou

"The minister will find this a sources of ideas and illustrations for sermon material. The layman will find it helpful for personal devotions and family worship." --H. G. J., *San Francisco Chronicle*, 1954

#### About the Author

Hailed by *Life* magazine as one of the great preachers of the twentieth century; a spiritual advisor to Martin Luther King, Jr., Sherwood Eddy, James Farmer, A. J. Musty, and Pauli Murray; the first black dean at a white university; cofounder of the first interracial pastored, intercultural church in the United States; Howard Thurman (1899-1981) was a man of penetrating foresight and astonishing charisma. His vision of the world was one of a democratic camaraderie born of faith, and in light of today's global community, one of particular importance.

### Users Review

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##### Evelyn Looney:

As people who live in the particular modest era should be change about what going on or information even knowledge to make these individuals keep up with the era and that is always change and advance. Some of you maybe may update themselves by reading books. It is a good choice for yourself but the problems coming to an individual is you don't know which one you should start with. This Meditations of the Heart is our recommendation so you keep up with the world. Why, as this book serves what you want and want in this era.

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