

Catch a Star: Shining through Adversity to Become a Champion

By Tamika Catchings, Ken Petersen



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When all she wanted was to fit in, Tamika Catchings never imagined one day she'd stand out--as a basketball superstar and an inspiration. Catchings faced being set apart by her hearing loss, separation from family, living up to high expectations, and the pain and discouragement of debilitating physical injuries. Yet she reached for the stars with hard work, perseverance, and her faith in God. Through the silence, she found the way to shine.

Catch a Star tells Tamika's story of overcoming: of leading the Indiana Fever to its first championship, being named to the WNBA's All Decade Team, earning four Olympic gold medals, and founding the Catch the Stars Foundation to help young people achieve their dreams. Her story will inspire readers to face their doubts and fears, encouraging them to reach for their own stars, no matter what challenges come their way.



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Editorial Review

From the Inside Flap

Teamwork. Family. Perseverance. Faith. Community. Excellence.

Tamika Catchings knows what it takes to be a champion, both on the court and in everyday life. Let her story inspire yours.

"Tamika Catchings has shown what it means to have the heart of a champion on the court her entire career. Everyone who reads this book will be impacted by her work ethic, loyalty, and example."--**Stephanie**White, head coach of the Indiana Fever

"Catchings's story is one of inspiration, faith, passion, and overcoming adversity. Catch's career shows how hard work and perseverance make a difference no matter what the odds are."--Ann Meyers Drysdale, member of the Women's Basketball Hall of Fame and former Women's Basketball League MVP with the New Jersey Gems

"A testimony not only to how Catchings overcame adversity and rose to success but also to the power that we all hold within ourselves. A story of courage, determination, and growth."--Dwayne Allen, NFL tight end|Tamika Catchings, formerly of the Indiana Fever, was the WNBA's 2011 MVP. A four-time Olympic gold medalist and nine-time WNBA All-Star, Catchings was a four-time All-American and a member of the National Champion University of Tennessee Lady Vols under legendary coach Pat Summitt. Catchings's story of overcoming adversity, growing in faith, and achieving success despite the many challenges she's faced inspires the boys and girls served by her foundation, Catch the Stars, in Indianapolis.

Ken Petersen is a veteran in the book publishing industry. He has written numerous books over the years and coached a number of authors in writing and publishing. He lives with his wife, Rita, in Colorado Springs, Colorado.

From the Back Cover

"Catch a Star will not only give you a look into Tamika's life but will also inspire you to strive to be all you can be in life as well."--**Tony Dungy**, former head coach of the Indianapolis Colts

Growing up, Tamika Catchings suffered from profound hearing loss, bullying, and the anguish of her parents' divorce. But she wasn't about to allow those challenges to determine her destiny. Through perseverance and God's grace, Tamika became one of the top female basketball players of all time.

Catch a Star is her story of overcoming. Of leading the Indiana Fever to its first championship. Of being named one of the WNBA's top fifteen players in history. Of earning three of her now four Olympic gold medals. And of founding the Catch the Stars Foundation to help young people achieve their dreams.

Her story will inspire you to face your doubts and fears and reach for your own dream, no matter what challenges come your way.

"Fierce, competitive, tough, funny, and loyal--these adjectives sum up my good friend Tamika Catchings. It's

been a pleasure to witness her growth, not only as a basketball player and champion but as a beautiful woman with unbreakable character and strength."--Reggie Miller, NBA Hall of Famer for the Indiana Pacers and TNT NBA analyst

"Tamika Catchings is a role model for young women and for anyone who faces what seems like an insurmountable challenge."--Adam Silver, commissioner of the National Basketball Association (NBA)

About the Author

Tamika Catchings of the Indiana Fever was the WNBA's 2011 MVP. A three-time Olympic gold medalist and nine-time WNBA All-Star, Catchings was a four-time All-American and a member of the National Champion University of Tennessee Lady Vols under legendary Coach Pat Summitt. Catchings' story of overcoming adversity, growing in faith, and achieving success despite the many challenges she's faced inspires the boys and girls served by her foundation, Catch the Stars, in Indianapolis.Ken Petersen is a veteran in the book publishing industry. He has written numerous books in the categories of memoir, motivation, self-help, and theology, and he's coached a number of authors in writing and publishing. He lives with his wife, Rita, in Colorado Springs, Colorado.

Users Review

From reader reviews:

Margarita Toman:

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